



GROWING INTO ECO-CONSCIOUS ADULTS

Dress the change



Sustainability Toolkit

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<https://geaeducation.eu>



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1 Introduction to Dress the change

Social promotion association, working to promote sustainable and ethical approaches in the fashion industry.

<https://dressthechange.org/>

Classification

| <i>Classification Tag</i> | Mark X if applies | Criteria |
|------------------------------------------------|--------------------------|--------------------------------|
| Purpose of tool | | Water saving |
| | | Energy saving |
| | x | Smart shopping / food planning |
| | | Waste management |
| | | Active transport and mobility |
| | | Shrinking our carbon footprint |
| | | Other |
| Purpose of tool Stages where it can be used | X | Awakening |
| | X | Understanding |
| | X | Enlightenment – Action |
| | | Advocacy |
| | | Evaluation |
| | | Other |
| Language | | Dutch |
| | | English |
| | | Estonian |
| | | German |
| | | Greek |
| | X | Italian |
| | | Lithuanian |
| | | Macedonian |
| | | Other: |

3 Description

What is this tool about

The sustainability guides are designed to teach about fabrics, how to wash and store them.

For which purposes is it used

The guides are aimed to increase the sustainability of people's choice in relation to the fashion field, and to offer some guidelines when making new purchases or when washing your clothes.

Limitations of the tool

The guides are available in Italian only.

4 When and how to use this tool

- **Preparation:**

Have a look at the guides to make more sustainable purchasing choices or to increase the sustainability of your daily actions about your wardrobe maintenance.

- **Activity:**

Reflect on how to improve your daily actions, to enhance your garments' durability and contribute to increase the sustainability of the fashion industry.

- **Follow-up about what to do after use:**

Now think about: do you really need to buy that new dress? Or can you find it in your wardrobe? Do you really want to throw that garment away? Or can you restore it?

Material needed

Internet connection, mobile phone / laptop.

5 Other resources

Links:

Website: <https://dressthechange.org/>

Facebook: <https://www.facebook.com/dressthechange/>

